

Food and Nutrition Services

MARCH 2021

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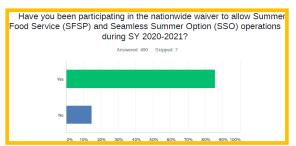
National School Breakfast Week

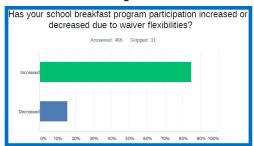
Mark your calendar for National School Breakfast Week— March 8-12, 2021!

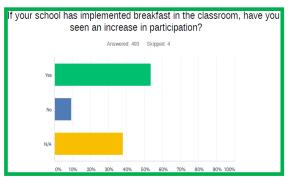
The #NSBW21 theme is "Score Big with School Breakfast," a fun way to show students, parents and stakeholders all the ways that your school breakfast program is a winner!

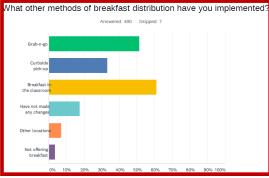


Missouri School Breakfast Survey Results













"Breakfast in the classroom has been very successful for the Eldon School District and the students have been very quick to catch on to this routine. We currently serve breakfast in the classroom for approximately 480-520 Pre-K through 3rd grade students at South Elementary School. We do a grab and go breakfast at our Upper Elementary and Middle School. Our Food and Nutrition Services staff are outstanding in getting cooler bags packed and delivered each morning to the classrooms. I feel like we were ahead of the game with our breakfast in the classroom program already being established for several years when the COVID restrictions started in 2020. Eating in the classroom for breakfast was something our teachers and students were already familiar with."

- Shawndra Taylor, Eldon School District

School Breakfast Week Continued



When the pandemic started in the spring of 2020, schools participating in the National School Lunch and School Breakfast Programs across Missouri were forced to quickly invent meal service operations on the fly so that children who depend heavily on school meals did not lose out on that reliable source of nutrition. Lori Danella, MS, SNS, Director of Nutrition Services at Lee's Summit R-7 (LSR7) first step was to develop contingency plans on how operations would look at each site. Utilizing waivers, support from the district and lots of teamwork, LSR7 prepared meals to distribute curbside and make home deliveries hitting record highs. Some districts simply couldn't manage or afford to make drastic changes like this and these changes really impacted school food service budgets. No matter the impacts, LSR7 continued to drive forward and focus on service.

Flexibilities for meal distribution are available through MO DESE and Nationwide waivers through June 30, 2021. The Meal Time Waiver allows breakfast and lunch to be distributed at one time or up to 5 days worth of meals at one time; the Non-congregate Waiver allows for students to consume meals outside of school and the Parent/Guardian Meal Pick-up Waiver allows adults to pick-up children's meals without the child being present. The waiver to extend Seamless Summer Option (SSO) and Summer Food Service Program (SFSP) allows for all meals to be served at no cost for schools that participate. These waivers extended through June 30, 2021 have supported food service operators and families throughout the pandemic and seeing the growing numbers in breakfast participation is a positive outcome. Many households who normally didn't participate in school meals were impacted financially due to the

pandemic relying on these programs while being extremely challenged financially and increasing participation for some schools. Families continue to need school meals support and data shows more students are now consuming breakfast and lunch at school who didn't participate prior to the pandemic.

For some districts like LSR7, breakfast participation has been on the rise through the pandemic. Breakfast participation used to be much less common than participation in lunch. During school year 2019-2020, LSR7 average daily breakfast participation was 2,322 meals. Since the pandemic this has increased to a daily average of 3,804 (39%). Prior to the pandemic Lori was able to implement breakfast in the classroom at 21 sites including 18 elementary schools and 3 middle schools. Already having breakfast in the classroom in place made for a smoother transition when students were back in-seat learning. Meals for students with allergies are still prepared separate and distributed to those students through the grab-n-go line. When DESE FNS Coordinator, Barbara Shaw, visited LSR7 breakfast operation, one quality that really stood out was focused attention to teamwork. Lori recognizes wins and success-large and small. Her staff is rewarded for the great service they provide. daily to the students and families and how they treat others.

DESE FNS team would like to recognize all school food service professionals and we thank you for your hard work creating effective plans, maintaining safety and social distancing, and continuing to prioritize the nutritional wellbeing for your students to ensure access to a reliable source of nutrition. We hope you celebrate your success this week during National School Breakfast Week.

Check out more ways to deliver breakfast on the go: https://schoolnutrition.org/uploadedfiles/growingschoolbreakfastparticipation.pdf

"During School Breakfast Week we are introducing new breakfast items to the students, having a Brunch Lunch that week and participating in a contest to determine which classroom in each building consumes the most milk during breakfast."

Dana Doerhoff, Jefferson City School District

Farm to

School



Goal:

The goal of Farm to School Ask for it: is to get more locally grown product into school nutrition programs. The Start small: program can be as significant as serving locally grown fruits and vegeta- Look within your community: bles once a day or as little as once a year. No matter the size of the program, each program is important and supports the health and wellbeing of students and farmers.

Helpful Tips:

Talk to your food vendor to see if they offer any locally grown fresh produce.

Make choices that are right for your school's budget.

Tell your community you are interested in buying locally grown produce to serve to your students and see if they know a farmer that you could connect with.

Get advice:

Reach out to other schools that are using the Farm to School program and see what advice they have to offer you.

MO Farm to School Guide:

The "Missouri Farm to School Guide for School Food Nutrition Professionals" is a publication designed to help school food and nutritional professionals get involved with Farm to School. This publication can be accessed by visiting the Missouri Farm to School website at:

https://extension.missouri.edu/ programs/missouri-farm-to-school



Community Eligibility Provision General Guidance

The Healthy, Hunger Free Kids Act of 2010 established the Community Eligibility Provision (CEP) to allow high poverty local educational agencies (LEAs) and schools to serve free meals to all enrolled students for a period of four consecutive school years. This option is available to LEAs and schools participating in both the National School Lunch Program (NSLP) and School Breakfast Program (SBP). The design of this provision eliminates the burden of collecting household meal applications while improving access to free school meals in eligible high-poverty areas.

Instead of household applications, schools use claiming percentages based on the number of identified students for reimbursement. Identified students are those students certified for free meals without an application and not subject to verification. This includes students certified with direct certification, extended eligibility with direct certification, homeless lists, migrant lists, foster lists, runaway lists and Head Start lists. LEAs or schools must have an identified student percentage (ISP) of at least 40 percent to participate in CEP.

The LEA must have approval from the Missouri Department of Elementary and Secondary Education, Food and Nutrition Services (DESE-FNS) prior to implementation. LEAs must provide the State Agency with raw-data showing how the ISP was derived for each school that wishes to implement CEP. It is important for schools implementing CEP to consider if the provision is a viable choice for their entire LEA. This will include being prepared to pay the difference between federal reimbursement and the cost of providing all meals at no charge, from sources other than federal funds, such as the general fund.

The LEA must comply with the following:

- Notify DESE-FNS as to which school or group of schools is implementing CEP by June 30th, in order to begin CEP in the school year beginning July 1st.
- Provide breakfast and lunch to all students at no charge by participating in the NSLP and SBP.
- Notify the public as to the availability of breakfast and lunch meals at no charge.
- Eliminate distribution & collection of free and reduced price meal applications to households enrolled at a participating CEP school (s).
- Accurately determine ISP data as of April 1st of the previous year and calculate free and paid claiming percentages based on this data.
- Count reimbursable meals at the point of service (or approved alternate) and claim those meals according to the free and paid claiming percentages based on the ISP.
- Retain all records for the entire period that the school operates under CEP plus three years, or longer if there are audit findings and until resolution of the findings.
- Agree to pay the difference between federal reimbursement and the cost of providing all meals at no charge, from sources other than federal funds.

Schools participating in year four of the four-year CEP cycle will be allowed to continue CEP for a grace year (one year outside of the four-year cycle) if the ISP falls within 30-40 percent as of April 1st. Those that do not meet this threshold would be required to return to regular program administration, including collecting household applications in the following school year.

The LEA must inform DESE-FNS of the intent to implement CEP by June 30th, in order to begin CEP in the school year beginning July 1st. This is completed by submitting the CEP Policy Statement Form, ISP Calculation Worksheet(s), and a completed FNS Web-Application Packet. LEAs may elect to operate CEP for all schools, a group of schools, or at an individual school. Each electing entity, as a whole, must meet the eligibility criteria listed above. Participating LEAs and schools can end CEP participation at any time, or can begin a new four-year cycle early if the ISP increases. If the LEA elects to begin a new four-year cycle for any reason, including take advantage of a higher ISP, then the LEA will need to follow the same guidelines.

The LEA must complete the following steps to implement CEP:

- Submit the April 1st Community Eligibility Provision (CEP) Site List report by April 15th.
- Submit the ISP raw-data supporting documentation reflective of the April 1st CEP Site List Report to DESE-FNS by June 30th prior to the year of implementation.
- Submit the CEP Policy Statement Form, ISP Calculation Worksheet(s) and a completed FNS Web-Application Packet to DESE-FNS by June 30th prior to the year of implementation.
- Notify households that the LEA is participating in CEP and that meals will be served at no charge to all students, upon ap proval from DESE-FNS.

USDA Foods Updates and Information

USDA FOODS SY21-22 Packet

The SY21-22 USDA Foods Packet was due February 19th, 2021. If you did not receive a confirmation email from our office confirming receipt of your packet, please notify our office by sending an email to donatedfoods@dese.mo.gov as soon as possible.

DoD Fresh Fruit and Vegetable Program



Entitlement

A school's entitlement value is calculated by the number of reimbursable lunches served during the previous school year multiplied by the current per-meal rate. The per-meal rate is established annually, in July, by the United States Congress. The SY2020 per-meal rate is 37.00 cents. In light of the exceptional circumstances of COVID-19, Missouri opted-in for a nationwide waiver to minimize the impact of SY19-20 and SY20-21 related to school closures due to COVID-19. The waiver allows for each school's entitlement to be calculated off of the number of reimbursable lunches served in SY18-19, alleviating the pressure of SY19-20 and SY20-21.

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('	101	D-110541	CNS 6/#10 APPLESAUCE UNSWEET	315 LBS
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For those of you that use DoD Fresh, we hope that you are enjoying the fresh fruits and vegetables you are receiving through C&C Produce. Please note, if you are having trouble logging into FFAVORS, please send an email to donatedfoods@dese.mo.gov or call 573-751-3526 to ask for assistance. Please do not email USDA directly as they have changed their protocol. Please be sure that you are receipting your orders within seven days. If your orders are not receipted within seven days, you will receive a "past due" email from our office. If your school experiences employee turnover, please make sure you reach out to our office to have your contact information in FFAVORS updated.

USDA Foods Webpage

Please visit our webpage at https://dese.mo.gov/financial-admin-services/food-nutrition-services/usda-foods. Here you will find several helpful resources including entitlement letters, USDA foods value letters, canceled or adjusted brown box orders, contact information for processors, Lanter and Donated Foods. Our office updates the USDA Foods webpage monthly to provide current information for our schools.

At each delivery clearly mark each discrepancy and complete the delivery box before returning the signed receipt back to the driver.

Receiving USDA Foods from Lanter Distributing

Be thoughtful! All cases received at time of delivery should match the driver's delivery receipt. To ensure accuracy a school representative should clearly mark discrepancies and complete the delivery box on the delivery receipt (BOL) before returning it to the driver. In an effort to accurately report shorts and damages it is necessary for a school representative to complete the delivery box and mark all cases that are received, short, or returned at time of delivery. Also, please make sure the delivery receipt is signed and dated before returning it to the truck driver for completion.

Delivery Information for USDA Foods from Lanter Distributing

Deliveries are contracted to be tailgate deliveries. This means that the driver is only required to bring the cases to the end of the truck. If your school requests to have a customized delivery the charge of \$2.00 per case will be invoiced to your school by Lanter Distributing. The contract allows for delivery times anytime between 7:00 a.m. - 3:00 p.m. Please have appropriate staff available to receive the USDA Foods when Lanter Distributing arrives. Lanter will email a list of items to be received by your LEA during the upcoming month and will be sent before or during the first week of the month to all LEAs. The list will not include a delivery date and time. A dispatch representative from Lanter will contact your LEA at least four days prior to a future delivery to verify the <u>delivery date</u> and a two-hour window for your upcoming delivery. If a delivery is unable to be made due to a sick driver, bad weather, equipment malfunctions etc. Lanter will contact the LEA immediately to set up a redelivery. The Lanter driver will have two copies of the Delivery Receipt. One for you to keep and a separate Bill of Lading for the driver to return to Lanter. Upon receipt of product someone at the school must verify quantity, item code and description, and total cases delivered. If there are any discrepancies from the Delivery Receipt, such as a short or damaged product, make sure to document such discrepancies on the driver's Bill of Lading. Include the quantity shorted by item and update the total number of cases verified/received by your LEA and complete the box on the last page. If there are additional items or incorrect items on the delivery, do not keep these items. Do not accept any substitutions of product. Only keep items which match quantity and item code/description as listed on your Delivery Receipt. Sign, date and mark the total cases short on the ticket for the driver.

MO Healthy Schools

This month we would like to highlight a great resource for you, the MO Healthy Schools Website - http://www.mohealthyschools.com/foodservices-nutrition.html. Please take some time to visit this site and see all that it has to offer. It features unique resources, a variety of articles on current and upcoming events and happenings in the world of Food and Nutrition Services (FNS), wonderful recipes, available trainings, and networking opportunities. Use this website to further your knowledge of the FNS Programs and improve them to serve your students to their greatest potential.





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Upcoming Training Opportunities

The Department of Elementary and Secondary Education (DESE) Food and Nutrition Services (FNS) is partnering with No Kid Hungry Missouri to provide training this April. FNS will be discussing the SSO Program and opportunities to expand meal access beyond the school day. No Kid Hungry will share information about a grant opportunity. The No Kid Hungry Training Summit will be advertised on the FNS Website-

Newsletters, Webinars and Workshops Page.

No Kid Hungry Training Summit Summer Workshops & USDA Foods Expo

The Department of Elementary and Secondary Education (DESE) Food and Nutrition Services (FNS) will be providing our annual Summer Workshops and USDA Foods Expo for school administrators and food service personnel on June 9-10, 2021. The workshop and expo will be held virtually. Registration for Summer Workshop classes and USDA Foods Expo will be advertised on the FNS Website-

Newsletters, Webinars and Workshops Page.

Registration will open at the beginning of May!

WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD A collaborative approach to learning and health

The Whole School, Whole Community, Whole Child (WSCC) model combines and builds on elements of the traditional coordinated school health approach and the whole child framework by:

- Responding to the call for greater alignment, integration, and collaboration between education and health to improve each child's cognitive, physical, social, and emotional development.
- Incorporating the components of a coordinated school health program around the tenets of a whole child approach to education.
- Providing a framework to address the symbolic relationship between learning and health.

Health and Education affect individuals, society, and the economy and, as such, must work together whenever possible. Schools are a perfect setting for this collaboration. Schools are one of the most efficient systems for reaching children and youth to provide health services and programs, as approximately 95% of all US children and youth attend school. At the same time, integrating health services and programs more deeply into the day-to-day life of schools and students represents an untapped tool for raising academic achievement and improving learning.

SUPPORTER

Food and Nutrition Services P.O. Box 480, 205 Jefferson Street Jefferson City, MO 65102 Phone # 573-751-3526

https://dese.mo.gov/financial-admin-services/food-nutrition-services



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